

SIXPENNY HANDLEY FIRST SCHOOL & NURSERY

# Nappy Changing Policy

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**September 22**



**To be Reviewed:** September 2024

## **Policy statement**

Children's dignity will be preserved at all times and a high level of privacy, choice and control will be provided to them. Staff who provide intimate care to children, such as nappy changing or changing soiled clothes ensure they follow practice guidance in relation to child protection. No child is excluded from participating in our nursery who may, for any reason, not yet be toilet trained and who may still be wearing nappies or equivalent. We work with parents towards toilet training, unless there are medical or other developmental reasons why this may not be appropriate at the time.

We provide nappy changing facilities and exercise good hygiene practices in order to accommodate children who are not yet toilet trained.

We see toilet training as a self-care skill that children have the opportunity to learn with the full support and non-judgemental concern of adults.

## **Procedures**

- Each child who is wearing a nappy or pull-up has a record completed when they have their nappy changed. This is kept in a folder in the nursery toilets.
- We encourage young children from two years to normally wear pull ups, or other types of trainer pants, as soon as they are comfortable with this and if their parents agree.
- Young children are changed within sight of other staff whilst maintaining their dignity and privacy at all times.
- Our changing area is warm, with a safe area to lay children and no bright lights shining down in their eyes. There are objects of interest to take the child's attention.
- Each child has their own bag with their nappies or 'pull ups' and changing wipes.
- Staff put on gloves and aprons before changing starts and the areas are prepared. Changing mat is wiped freshly for each child. Aprons are not always required for a wet nappy where there is no risk of infection, however, aprons are always available for those staff who choose to wear them. Gloves and aprons are always used for a 'soiled' nappy. All staff are familiar with the hygiene procedures and carry these out when changing nappies.
- Children are changed on a mat on the floor.
- We do not make inappropriate comments about children's genitals when changing their nappies.
- In addition, we ensure that nappy changing is relaxed and a time to promote independence in young children.

- We are gentle when changing; we avoid pulling faces and making negative comments about 'nappy contents'.
- Children are encouraged to take an interest in using the toilet; they may just want to sit on it and talk to a friend who is also using the toilet.
- Children are encouraged to wash their hands and have soap and towels to hand. They are allowed time for some play as they explore the water and the soap.
- Older children access the toilet when they have the need to and are encouraged to be independent.
- Nappies and 'pull ups' are disposed of hygienically. They are deposited in the nappy bin. At the end of each session the nappies are placed in yellow offensive waste bags and placed in the offensive waste (yellow) situated outside the nursery building, so they can be disposed of safely in line with environmental health legislation. Cloth nappies, trainer pants and ordinary pants that have been wet or soiled are rinsed and double bagged for the parent to take home.
- We have a 'duty of care' towards children's personal needs. If children are left in wet or soiled nappies/pull ups in the setting this may constitute neglect and will be a disciplinary matter.